

EMPOWER MY HOOD®



STUDENT BRAG SHEET

A brag sheet is an essential tool in the college application process that provides a comprehensive overview of a student's accomplishments, experiences, and personal qualities. Its primary purpose is to help guidance counselors and teachers craft detailed and personalized recommendation letters. By compiling a brag sheet, students ensure that their recommenders have a clear and thorough understanding of their achievements and strengths, which can significantly enhance the quality of their letters.

Student Information:

Student Name: _____

Email Address: _____

Parent/Guardian's Name: _____

Guidance Counselor: _____

DIRECTIONS

For Students:

Your guidance counselors and teachers will use the information in your brag sheet to create comprehensive recommendation letters. To give them sufficient time to prepare these letters, ensure your brag sheet is completed and submitted well in advance of your application deadlines. Take the time to fill out your brag sheet carefully to ensure it accurately reflects your accomplishments and experiences.

For Parents/Guardians:

You have a unique perspective on your child's character and achievements. We encourage you to share your insights about their strengths, personal growth, and notable qualities. Your input will be invaluable to your child's counselor and teachers as they write recommendation letters, helping them to provide a well-rounded view of your child's abilities and potential.

STUDENT BRAG SHEET

List of colleges/universities which you intend to apply in the category you feel is the best fit.

Safety Schools: These are colleges where your academic and standardized test scores significantly exceed the average scores of admitted students from previous years. While no college application is ever completely risk-free, applying to these institutions offers a strong likelihood of acceptance.

Target Schools: These are colleges where your academic and standardized test scores align closely with the average scores of admitted students. Your qualifications fit well within the range of students who have been admitted in the past.

Reach Schools: These are colleges where your academic and standardized test scores fall below the average for admitted students. While these schools might be more competitive, they still represent an exciting opportunity for you to strive towards.

Visit www.CollegeBoard.com to determine the average GPA and SAT Scores for first-year students.

Safety Schools: _____

Target Schools: _____

Reach Schools: _____

Program of Study/Potential Major: _____

Family History:

1. Would you be considered the first in your family to complete college? Yes / No / Unsure

2. Did anything happen in your personal life, that you feel comfortable sharing, that may have impacted your academic performance? _____

Regardless of the grade received, what has/have been your favorite school course(s) and why/did you enjoy them?

Course	Why I Enjoyed the Course

What do you consider to be your academic weakness and how do you manage it?

Reflect on an experience (such as a class, teacher, project, lab, movie, book, etc.) that significantly altered your perspective or attitude. Describe this experience in detail and explain how it influenced you.

State Three (3) Words That Describes You:

How do these qualities reflect your personal growth and achievements, and how might they be highlighted in a recommendation letter?

Where do you envision yourself in five years? *(Consider aspects like graduation, full-time work, further education, etc.)*

Are there any special circumstances or significant challenges that you believe should be highlighted to help a counselor, teacher, or mentor write a strong recommendation letter on your behalf? If so, please provide detailed information.

PARENT/GUARDIAN BRAG SHEET

Student: _____ **Name of Person(s) Writing:** _____
Relationship to Student: _____

Words that first come to mind when describing my child are:

Pupil's Strengths, Weakness, and Challenges Are:

Strength	
Weakness	
Challenges	

I think they would succeed in the following college/university environment:
(e.g.: size, religious affiliation, location, residency status etc.)

In what ways has your child exhibited growth, leadership skills or teamwork?

Are there any special circumstances or challenges that should be highlighted in your recommendation letter? If so, please provide details.

